



Manifesto

Alfred Jansen | Rayge.Uncovered | 2026

My Manifesto

These are the principles I live by.

For 2026, I felt it was necessary to create a completely new Manifesto, as the world we live in is spiralling into a time of extreme challenges.

I feel the need to (1) address these changes head-on and (2) play an active role in creating real change.

Here is the result: my new Manifesto.

Alfred Jansen aka Rayge.Uncovered

Virtues

I place myself at the centre of four virtues: joy, love, wisdom, and harmony. They are daily practices.

- Joy is fun.
- Love is resistance.
- Wisdom is all about listening and understanding.
- Harmony is what happens when these come together.

Gratitude

I live one day at a time, unburdened by the past or the future.

- I feel gratitude for what I have been given.
- I generously pass these gifts on.
- I do not scream or beg for attention or likes.
- I consume with care.
- What I receive, I use and circulate.

Actions

My actions are rooted in truth, honesty, and integrity.

- I will not twist myself into shapes that make others comfortable at the cost of my own comfort.
- I speak clearly and directly—like it or not.
- I am not waiting for access, approval, or ease.

Humility

I practice humility and humbleness—not as self-erasure, but as grounding.

- No one is above or below others.
- I remain open to change, through whatever I encounter.
- I am not done.

Care

Compassion and empathy guide my steps.

- They are not fancy words.
- Harm done to one is harm done to all.
- Care is not optional; it comes naturally.

Non-binary

I move beyond gendered, binary constructs and question mental stigma.

- I reject patriarchy, control, racism, and ownership over bodies, cultures, and futures.
- Mental health is best supported by encouraging creativity and strengthening community.

Wisdom

I feel close to Indigenous wisdom, without appropriating it.

- Greed, conquest, profit, and supremacy are made-up colonial “values.”
- Capitalism has proven its disrespect for a universe that provides for all.
- I fight fascism in all its forms. Period.

Rayge

I act as Rayge.Uncovered.

- I am non-binary.
- I choose to be naked—emotionally, creatively, ethically.
- I cross bridges only when I get there.
- I keep moving, even when the path is bumpy or unclear.

Community

I draw inspiration from community, creativity, connection, and communication.

- Transformation is a spiritual act.
- It allows interactions to bloom.
- I build bridges through my acts.
- I am part of the universe. No more. No less.

Expressions

My creative acts are Rayge.Uncovered, Queer Communication, Inclusive Photography, Friday Skirtsday, and the Understanding Love 22 community—with more to come.

- My acts, actions and activities are not meant to decorate or sugar coat.
- They are sustainable tools that connect on different levels.
- They are ritual acts of resistance, healing, wisdom, and joy.

Commitment

This is my commitment:

- To live fiercely,
- Love generously,
- Care relentlessly,
- And always remain accountable—
to the universe,
to the community,
to those I love,
and to myself.

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*UNCOMPROMISING

*UNCONDITIONAL

*UNCOVERING

*UNCOMFORTABLE

*UNAPOLOGETIC

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